

# 5 Star Dance & Tumbling Academy

606 2<sup>nd</sup> Street Ida Grove, IA  
712-364-3334

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## *Welcome to the 2019-2020 Year*

We have an exciting year planned for you! This booklet is filled with information covering the entire studio year. If you have any questions or concerns, please speak to someone in the office at your earliest convenience.

We request that you keep all communications for the studio year as you receive them from our office. You will be receiving information about your participation in our annual recital at the beginning of classes and again after January. We welcome your comments and suggestions regarding any of our policies or procedures at any time.

Please note that the parent watch weeks are made available for the convenience of our students and their families. The parent watch weeks are for watching and videotaping. We ask that you please respect the activities of others and the classes in session. **Please only water or tightly covered drinks!** If you use our books and magazines, we would appreciate it if you would return them to the shelves. Your courtesy will be greatly appreciated.

We request that you arrive at the studio with adequate time to prepare for class, parking, changing, restroom, etc. Parents, for your children's safety, please be available to receive students when dismissed from class. Please call whenever delayed for class start time or pickup.

We welcome your comments and suggestions. If any parent/student wishes a private conference concerning your individual dance goals or financial concerns, please do not hesitate to ask. We are happy to work with you to ensure that your studio year will be one of pleasure and growth. The entire faculty and staff wish you a fantastic year of dance and tumbling! (Classes start Tuesday September 4<sup>th</sup>!)

## 5 STAR DANCE & TUMBLING ACADEMY REGISTRATION INFORMATION 2019/2020

**Registration:** Registration will be Sunday July 21<sup>st</sup> and Thursday July 25<sup>th</sup> 5:30-8pm at the studio. Please try to register in person so we can meet with you and your child in order to place them in a proper class if you are new to the studio. Mail and e-mail registration is available for past students but forms must be mailed/dropped off by August 3rd with registration fee. Anyone needing new shoes can order online this year but if you are unsure of sizing please feel free to come in and get sized during registration and we will have used shoes for sale during registration as well. We will not be doing it during classes (this includes competition students). **Classes start Sunday September 8<sup>th</sup>!**

**Registration Fee:** There is a \$20.00 registration fee per child but any family with three or more students will pay no more than \$50.00 for registration.

**NEW: Shoes:** Shoe sizing kits will be available during registration but all shoes will need to be ordered online. Some sizes will be already on hand for purchasing. Feel free to bring in any used shoes you are willing to sell along with a price and your name attached **before** registration begins. (Used shoes must meet guidelines for shoes used at studio or we will not re-sell). Shoes can be ordered from:  
<https://www.shopnimbly.com/5stardance>

**Payments/Fee's:** Payments are due by the 10<sup>th</sup> of each month. A \$10.00 late charge will be added every month it is late. A \$25.00 charge will be given for returned checks. We do e-mail billing and send home late bills via paper every couple of months. If any bills become two months past due your child may no longer participate in class until the bill is caught up. All bills must be paid up by recital in order for participation. FYI we also send out many reminders and e-mail out papers we also send home in case your child loses or forgets it. It's a good way to keep up to date with what is going on at the studio. We do offer 10% off if a year is paid in full when classes begin (must have a minimum yearly total of \$500 or more) (does not include costumes/tights/other extras and cannot get money back if student drops classes).

**Withdrawal/Refunds:** Must be done by parent in person or over the phone. No registration refunds once a child starts classes. Students who drop out will not receive a refund for classes used or classes left for that month unless they have pre-paid for extra months. 5 Star Dance & Tumbling Academy reserves the right to terminate lessons with any student without notice due to high amount of absences, non-payment, and/or disrespectful behavior.

**Recital & Costume's:** Recital's will be held TBD (usually sometime in May). Recital is held at the Rosemary Clausen Center (attached to the Ridge View School) in Holstein. There will be one Recital A and one Recital B on Saturday and a large recital for everyone on Sunday. Stage practices will be held the week before with dress rehearsal for everyone usually the Friday before at 6pm and pictures will be at least a month in advance minimum (TBD). Pre-paid tickets go on sale the end of March. Every family receives one free ticket per child. We will do sign up for free tickets in March and then once we know how many we will have for sale left for each recital we will hand out forms to purchase tickets. Tickets are sold by first come first serve basis once we open up for sold tickets (please be aware they go fast so do not wait to turn in your sheets). Tickets must be pre-purchased as we are not allowed to sell at the door. Parents who stay in the dressing rooms with their child and performers do not need tickets as long as not going into the auditorium (can watch on live feed tv). Each class will order a ready-made costume in October/November in price range from \$35-\$75. Complete payment of outfits is due within one month of billing for them so please keep this in mind when it comes to budgeting for the holiday). There is no additional recital fee. ***(NEW: as seen above we will be ordering costumes a month earlier this year in order to receive in time and for easier payment before Christmas time).***

**Classes:** Students are placed according to age, skill, practicing habits, willingness to learn, and

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attendance. If we feel a student isn't progressing as fast as or faster than other students in their class we will move them accordingly.

**Attendance:** Regular attendance is a must. Each student plays a role in the class as a whole. If you are going to be absent **please call or e-mail**. If you miss a class it is your responsibility to make sure you or your child consults another classmate or come early to their next class to catch up on the steps they missed. New steps cannot be taught again and again because it slows down the class and is unfair to the other students. If your child gets too far behind and is not catching up they will be moved to a less advanced class.

**Music:** It is very important to practice dance with music! We will send recital music out via e-mail for your child to practice. If you want a cd made you will just need to let us know and it will be a \$5 fee.

**Website and Facebook Page/Group:** Our websites stay up to date and we keep lots of important information on it. The website address is <http://stardancetumblingaca.wix.com/5stardancetumbling#> . We also have a Facebook page which you can like with basic information on it or once you join 5 Star you can ask to be added to the group page where we give lots of notifications and reminders and you can ask questions anytime. Just look for us under our studio name.

**Important Papers:** We will send home important papers etc. with your child so make sure they have a bag and check it often. If you have e-mail billing we also e-mail a lot of the papers we hand out just in case. We also post almost everything on our website and we post reminders on our Facebook group page. It is your responsibility to make sure you get the information to anyone else who may need it that is involved in your child's well-being.

**Bad Weather/Sickness:** When bad weather develops we will try our hardest to inform you of cancellations either by phone (sickness) or e-mail/website/Facebook (bad weather). If OA-BCIG school district cancels classes or lets classes out early due to bad weather 5 Star automatically cancels classes. We will also have cancellation notices on the answering machine as long as we can make it to the studio. All classes after the first one that are cancelled due to bad weather will be made up, however, if a class has more than two classes cancelled due to weather they may not be made up but given a discount on your next bill (decided on by teacher). Classes missed by students due to other absences will not be given a refund. If a teacher is sick you will also be notified and these classes will be made up.

**Care of Students:** We are not responsible for your child outside of class time. Please do not leave your child for long amounts of time at the studio before or after class. If you are going to bring other children to class during parent's week they must stay towards the back. If they are disrupting the class you will be asked to leave with them. Teachers should not have to stop class to deal with outside disturbances. Please be aware there is a bar next door to the studio and all students must wait inside the door until visual contact of parent/adult is made or parent/adult comes in to pick up the child.

**Parent Responsibilities:** Parents are welcome to class once a month as long as they are quiet and courteous (sheets telling parents watch weeks is attached and one will be hanging in stairway and extras will be next to bill pay box). All cell phones' must be turned off or put on silent and talking must remain at a minimum. I especially encourage parents to watch every month if their child is 8 and under. This way you know what is going on in class and you can videotape or take notes of new steps for your child to practice at home. Please pick up after yourself and your child.

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### **DRESS CODE**

**Please have a dance bag with your child's name/initials marked on it as well as all shoes marked with initials. Reminder to always have your child's hair pulled back for class.**

1. **Pom:** you must purchase a pair of pom's from the studio (we use the same pom's every year and order after Christmas as they do not need them until closer to recital). Black slip on jazz shoes. Jazz pants, capri's or booty shorts. Tight fitting tank tops or sports bra's must be worn because pom does focus on the arms so they must be seen. No loose t-shirts, sweatshirts or baggy pants. Students must be 7 or older.
2. **Hip Hop:** You must purchase hip hop shoes from the studio. It is easier to do hip hop in appropriate dance street shoes instead of jazz shoes they will be \$35 or less/pair for non-comp students. Jazz pant's, capri's, shorts, sweats. Tank tops, sports bra's, leotards etc. Students must be six or older and have had one year or more in jazz or equivalent (combo class does not count).
3. **Jazz:** Leotard's, black jazz pant's, capri's, booty/boy short's with tight fitting workout tank, sports bra, etc. No t-shirts or sweatshirts. Black slip on jazz shoes (non-comp). Students must be 5 or older.
4. **Ballet:** Tights, leotards (no non-attached skirts), booty/boy shorts. Pink ballet flats. Students must be 5 or older.
5. **Pointe:** Tights, leotards, booty/boy shorts. Pink toe shoes. Students must have taken three to five-years pre-pointe ballet and 11/12 or older and approved by dance teacher that they are ready. Shoe's must be ordered on own and fitted. Must still take a regular ballet class as well.
6. **Lyrical:** Tights, leotards, booty/boy shorts, jazz capri's, tight fitting tank tops or sports bra's. You must order lyrical shoes thru the studio. Students must have one-year previous ballet or take in combination with ballet or have taken several years of jazz/technique and be 7 or older. Must also take in combination with ballet or electives.
7. **Tap:** leotards, unitards, jazz pants, capri's, shorts, tight fitting top. Black buckle tap shoes for younger students and slip on or tie for older students. Clogging shoes must be ordered online for clogging (more info give out later). Students must be 5 or older.
8. **Preschool/Combination/Creative Movements:** Tights, leotard, unitards. Pink ballet flats and black tap shoes with tap bands, buckle or velcro (no ties please) for combo and just the pink ballet shoes for creative movements.
9. **Tumbling:** Leotards, unitards, booty/boy shorts, sport's bras. No t-shirts or sweats. No shoes required.
10. **Boys:** Shorts or dance pants and tighter t-shirts. No jeans or non-stretchable materials.
11. **Musical Theatre:** Leotard's, black jazz pant's, capri's, booty/boy short's with tight fitting workout tank, sports bra, etc. No t-shirts or sweatshirts. Black slip on jazz shoes (non-comp). Students must be 7 or older and have had one full year of jazz as well take in conjunction with jazz or electives.

### **SHOES MUST BE ORDERED FROM FOLLOWING SITE:**

<https://www.shopnimbly.com/5stardance>

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**CLASSES AND PRICING** : Our pricing system is figured by the amount of time your child/children attend classes per week. The more hours/classes your child/children attend the better the overall discount. Family hours are included together so you are getting a better discount (only immediate family members are included)(tax is already automatically included in your price giving an even better deal!)

**½ HR CLASSES:** Jazz, Pom, Lyrical, Hip Hop, Tap, Younger Ballet, Pointe, Stompin with the Boys, Creative Movements, Musical Theatre

**45 MIN CLASSES:** Preschool Tumbling, Older Level Ballet

**1 HOUR CLASSES:** Tumbling, Preschool Combination Classes

### **TUTION SCALE (HOURS PER WEEK=PRICE PER MONTH)**

½ HR/week	- \$24.00/month
45 MIN/week	- \$30.00/month
1 HR/week	- \$38.00/month
1 ½ HR/week	- \$52.00/month
1 HR 45 MIN/week	- \$60.00/month
2 HR/week	- \$68.00/month
2 ½ HR/week	- \$80.00/month
2 HR 45 MIN/week	- \$86.00/month
3 HR/week	- \$92.00/month
3 ½ HR/week	- \$104.00/month
3 HR 45 MIN/week	- \$112.00/month
4 HR/week	- \$120.00/month
4 ½ HR/week	- \$132.00/month
5 HR/week	- \$146.00/month
5 ½ HR/week	- \$160.00/month
6 HR/week	- \$172.00/month
6 ½ HR/week	- \$182.00/month
7 HR/week	- \$190.00/month
8 + HR/week	- \$210.00/month (unlimited)

**NEW\*\*\***if your child takes electives it is added as an hour class on to your tuition no matter how many they go to every month (this applies to competition and non-competition students)

**\*\*\*EXAMPLE:** If you have two children and one takes an hour class a week and another takes a ½ hr class a week that is 1 ½ hours of classes which is \$52/month.

### **TEACHERS & ASSISTANTS**



**Kristina (Wallace) Boysen:** Kristina is the owner of 5 Star Dance & Tumbling Academy, which she started in 2005. Kristina has over 34 years of dance and tumbling experience. She started dance and tumbling at the age of 3 and has competed in dance and tumbling since the age of 7 as well as choreographed routines she and others have performed and competed since the age of 8. She received a BA in Psychology and an emphasis in dance from the University of Northern Iowa in 2005 where she also worked as a gymnastics instructor at a local gym and taught dance classes at the local YMCA as well as choreographing for many dance teams across Iowa over the summer. She has won many choreography awards and her dancers have won many outstanding trophies and awards at competitions every year. She continues her dance education by attending dance workshops every year to keep up with changing times and to learn new techniques and teaching methods. Kristina teaches all dance styles along with all levels of tumbling. She is also head instructor/choreographer of the 5 Star Competition Team.

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**Sarah (Miller) Harms:** Teacher. Sarah has taken dance and tumbling since the age of 3 with about 25 years of experience and 12 years of teaching experience. She studied jazz, tap, ballet, lyrical and tumbling while growing up. She competed in both studio dance competitions and middle school/high school dance teams. She currently teaches the combination classes at 5 Star for the younger students as well as a few older student beginner/intermediate based classes and electives.



**Samantha (Bengford) Reese:** Teacher. Samantha has taken many forms of dance for over 12 years. She joined 5 Star Dance and Tumbling Academy the year it opened in 2005, and competed on the 5 Star Competition Team as well as being part of her High School Dance Team. She attended Western Iowa Tech after high school and graduated with an AAS in Business Management. She is currently employed at the Sac County Courthouse and is very excited to start her 5th year of teaching with us. She will be teaching Creative Movements, Combination Classes, Beginner level classes and beginner level electives.



**Kat Morris:** Teacher: Kat is originally from Early, IA and currently live in Odebolt. She has been dancing since the age of 3. She began her training at a studio in Beaumont, TX and continued to take studio dance lessons at Fusion Dance in Carroll, IA. She was a member of the dance team throughout high school at Schaller Crestland and helped with state choreography. After high school, she attended Iowa Central Community College and danced for the Tritons for 2 years. During college, she travelled and taught with National Dance Alliance (NDA). After college, Kat coached the Buena Vista University Dance Team for 2 years and helped with local high school choreography. Kat is excited to start her 3rd year at 5 Star where she will teaching older classes and electives.



**Madison Bettin:** Teacher: Madison is from Odebolt, IA. She has 15 years of dance experience with 10 of those being a student at 5 Star. While taking part in classes at 5 Star she was also part of the competition team as well as a high school helper. She was also part of the OABCIG Dance Team. She graduated in 2016 and has been working on getting her Bachelor's Degree in Accounting through Des Moines Area Community College and Buena Vista University. She is excited to start on as a teacher and will be teaching mainly combo and beginner classes to the younger students.

### HELPERS/STUDENT TEACHERS:

**-Taylor Devine:** Helper. Taylor will be a senior at OABCIG High School and has been part of the 5 Star Competition Team the past 10 years and a student helper for 5 years. She will be helping with beginner and intermediate classes.

**-Taylor Beck:** Helper. Taylor will be a senior at OABCIG High School and has been part of the 5 Star Competition Team the past 10 years and a student helper for 5 years. She will be helping with beginner and intermediate classes.

**-Kya Ladwig:** Helper. Kya will be a sophomore at OABCIG High School and has been part of the 5 Star Competition Team for the past 8 years and a student helper for 3 years. She will be helping with beginner and intermediate classes.

**-Mia Mortensen:** Helper/Student Teacher. Mia will be a junior at OABCIG High School and has been part of the Competition Team the past 9 years. She has been a student helper for 3 years. She will be helping with beginner and intermediate classes as well as teaching beginner electives.

**-Patience Johnson:** Helper. Patience will be a freshman at OABCIG High School and has been part of the Competition Team for 7 years. She has been a student helper for 2 years. She will be helping with beginner/intermediate level classes.

**-Aubree Zimmerman:** Aubree will be a freshman at OABCIG High School and has been part of the Competition Team for 7 years. She has been a student helper for 2 years. She will be helping with beginner/intermediate level classes.

**-Tatum Oldham:** Tatum will be a freshman at OABCIG High School and has been a part of the Competition Team for 5 years. She has been a student helper for 2 years. She will be helping with beginner/intermediate level classes.

**-Katelyn Sholty:** Katelyn will be an 8<sup>th</sup> grader at OABCIG Middle School and has been a part of the Competition Team for 5 years. She has been a student helper for 1 year. She will be helping with beginner/intermediate level classes.

**-Chloe Priddle:** Chloe will be a 7<sup>th</sup> grader at OABCIG Middle School and has been part of the Competition Team for 7 years. She has been a student helper for 1 year. She will be helping with beginner/intermediate level classes.

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# *5 Star Dance & Tumbling Academy*

## Student Registration Form 2019-2020

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Student's Name (First & Last): \_\_\_\_\_

Date of Birth (if under 18): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone #: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Mother Cell #: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Father Cell #: \_\_\_\_\_

Name of Responsible Party: \_\_\_\_\_

If address and phone numbers are different from above please include:

Telephone #: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address of primary contact (used for e-mail billing): \_\_\_\_\_

Please advise us of any medical conditions that may affect the student's participation:

\_\_\_\_\_  
\_\_\_\_\_

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### **Agreement for Participation**

I understand that dance classes may include, without limitation, dancing with props, stretching, barre work, across the floor combinations, dance routines in the center, and other related activities. I further understand that all of the activities of the dance class involve some degree of risk of strain or bodily injury. **5 Star Dance & Tumbling Academy** is not responsible for personal property.

I have received the student handbook and agree to adhere to all the content stated therein including:

\*Studio Policies

\*Tuition & Payment Information

\*Dress Code

\*Traffic Pattern

\*Visitor Weeks

\*Calendar

I agree to be responsible for reading studio correspondence and respecting deadlines, if applicable.

I hereby acknowledge that I have read the statements above and agree to participate accordingly.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

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## 5 STAR DANCE & TUMBLING ACADEMY REGISTRATION INFORMATION 2019/2020

**Please list the class(es) you wish to enroll in.**

Style	Age	Days/Times That Don't Work	
1.			
2.			
3.			

**please list additional classes below: SUB-TOTAL: \$\_\_\_\_\_ (what your monthly bill will be – not due now)**

4. \_\_\_\_\_ **Apparel and Accessories Total: \$\_\_\_\_\_**  
5. \_\_\_\_\_ **SUB-TOTAL: \$\_\_\_\_\_**  
6. \_\_\_\_\_ **Registration Fee: \$\_\_\_\_\_**  
7. \_\_\_\_\_ **TOTAL: \$\_\_\_\_\_**  
8. \_\_\_\_\_ **Amount Paid (check number): \$\_\_\_\_\_**  
**Balance Due: \$\_\_\_\_\_**

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<b>FOR OFFICE USE ONLY:</b>							
_____ #	_____ AB	_____ QBA	_____ QBR	_____ QBM	_____ DBA	_____ DBC	
_____ EM	_____ LB						

### **Participant Waiver/ Code of Conduct 2019/2020**

Participant Name \_\_\_\_\_  
Address \_\_\_\_\_  
Telephone # \_\_\_\_\_

#### **Parent/Guardian Consent of Participation and Waiver**

By submitting and signing this form, I acknowledge that I am aware that there are risks associated with dance and tumbling. I warrant that the participant named on this information form, is physically fit to be able to participate in dance and/or tumbling. I declare that I have accurately disclosed all information regarding physical, mental or medical conditions affecting the named participant and acknowledge that this information may be used for my child's well-being in class. I acknowledge that there is a potential risk for injury involved in training and competing in any sport. I understand that 5 Star Dance and Tumbling Academy has tried to create a safe and controlled environment for participation and that the Academy has established rules for participation. I understand that failure to comply with any of these policies or rules of 5 Star Dance and Tumbling Academy may result in the suspension or termination of membership. I waive the rights of the participant to damages or other costs in the event injury is caused due to participation in dance or gymnastics or other involvement with the Academy or inside the studio.

**I understand that it is my responsibility to ensure that the information on this form is kept current and I will notify the Academy of any changes immediately.**

**Signature of Participant (or Parent/Guardian if participant is under the age of 18)**

**X\_\_\_\_\_ Date \_\_\_\_\_**

## 5 STAR DANCE & TUMBLING ACADEMY REGISTRATION INFORMATION 2019/2020

### **RULES & GUIDELINES**

- Conduct by your child at all times should respect authority, honesty, as well as courtesy and respect towards others. If your child misbehaves we have a time-out area where they will sit until they have decided they will listen and would like to rejoin the class. If the child continues to misbehave we will call and ask you to pick up and take your child home. We have the authority to refuse to teach your child if they are not able to listen and respect our authority.
- Payments are due in the office by the 10<sup>th</sup> of every month. If payments are not made your child cannot participate in class. There is a \$10 late fee every month your bill is late or has a late balance on it. There is a \$25 charge for returned checks. All bill must be paid up by recital in order for your child to participate.
- **NO PLAYING ON MATTS OR DANCE FLOOR AT ANYTIME....unless in class.** I should not have to come out of my office to remind children of this rule. When the child comes to class they need to put their things in a cubby, get ready for class, then go to the floor or a bench or chair and sit until the teacher begins class.
- Unless class is cancelled by me you will not be given a discount for classes missed.
- If you need to talk to me about anything please make an appointment with me outside of class time.
- **2 MINUTE RULE:** Classes will end two minutes before time is up and then the next class will start two minutes after. This gives kids in both classes a total of four minutes to come in or leave and get their things together. You may also come in with your child at this time to help them get ready for class before you leave (good idea for preschool students).
- Students must wait on stairs until it is time for their class to begin. Please don't drop your child off way before their scheduled class so they are not waiting on the stairs for a long time and do not leave your child at the studio for long amounts of time.
- When your child's class is over they will wait on the stairs until they either have visual contact of you outside or you come in to get them. (If they are not walking home).
- When parents are allowed to watch all cell phones must be turned off and it needs to be as quiet as possible during class time. Please try not to bring your other children to class as it becomes a distraction.
- All children need shoes by October. If your child does not have shoes by then they will not be allowed to participate in class until they do. Also, if your child is dressed inappropriately for class they will not be able to participate.
- If there are any other rules you are unaware of please read through your registration packet.

I understand these rules and will guide myself and my child to understand and abide by them

Parent Signature: \_\_\_\_\_

Child Signature (if available): \_\_\_\_\_

Date: \_\_\_\_\_